



# Resource Guide

## July 2024

[www.STAYinTV.org](http://www.STAYinTV.org)

STAYinTV is a 501(c)3 organization

# Disclaimer

This Guide has been compiled by the members of STAYinTV. STAYinTV is a group of concerned Tellico Village residents who saw a need to provide information that would aid residents in finding local support services and resources to help them stay in Tellico Village. Comprised entirely of volunteers, STAYinTV is not affiliated with any other organization including, but not limited to, the Tellico Village Property Owners Association or the Tellico Village Home Owners Association.

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- STAYinTV makes no representations that these are the best or only solutions to a particular problem. This guide is intended as just that – a guide or starting point for your search.
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- STAYinTV makes no representations as to the quality of the services that each resource listed may provide nor whether that resource may be available at the time that it is requested. Each individual user of this information is solely responsible for performing his/her own investigation of the sources listed and whether those services are appropriate to his/her needs before engaging those services. STAYinTV expressly disclaims liability for the performance or nonperformance of any resource listed.
- Use of any of the services/providers listed in this guide does not give rise to any contractual relationship between STAYinTV and the user. Any relationship will exist only between the provider of the service and the user.

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# Important Numbers

## Emergency

**9-1-1**

Aging Resource Center Helpline (ARCH)	Hotline for caregivers	(865) 374-4357
American Red Cross		(865) 584-2999
Crisis Center for Women, IVAS (Immediate Vital Assistance Services)		(865) 988-7867 (866) 239-0871
Loudon County Sheriff Non Emergency		(865) 458-9081
Monroe County Sheriff Non Emergency		(423) 442-4357
National Suicide Prevention Lifeline		(800) 273-8255
Poison Control		(800) 222-1222
Suicide – Hope Line		(800) 784-2433
Tennessee Mental Health Crisis Services Hotline		(800) 809-9957
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## In Case of an Emergency - *Important Information*

For **any** fire, vehicle accident, or medical emergency, **call 9-1-1** immediately. Do not attempt to call either the Fire Department or medical support personnel directly. This only delays the response.

It makes no difference whether you live in the Loudon County or the Monroe County portion of Tellico Village. The county of residence determines only who will respond. The service provided in either area will be essentially the same.

### Notes:

Medications: To help responders in a medical emergency, create and maintain a list of the current medications taken by each member of your household. This list should include the name of the medication, the dosage and frequency it is being taken.

Lift Assists: When someone has fallen, is not injured, and only needs help getting up, call 9-1-1 and explain the situation to dispatch personnel. Medical personnel, but no ambulance, will be dispatched. However, it is better to err on the side of caution. If you are not sure why the person fell or whether the person is injured, request an ambulance. Transport can be refused if the situation does not warrant a hospital visit.

Non-Emergency Medical Transport: When someone needs medical transport for a “routine” procedure (there is no emergency situation), call 9-1-1 and explain the situation to dispatch personnel. An ambulance will be dispatched, but no other medical personnel. The key word here is “routine.” If you are unsure of the situation, it is better to err on the side of caution and tell Dispatch that it is an “emergency.” Local emergency medical personnel and an ambulance will both be dispatched.

Vehicle Accidents: In the case of a vehicle accident of any kind, call 9-1-1 and explain the situation to Dispatch personnel. They will determine the nature of the response. Fire and medical personnel as well as an ambulance will be dispatched only in cases of personal injury, people unable to exit one of the vehicles, or potential fire. If you are unsure about the extent of personal injury, it is better to err on the side of caution and request medical personnel and an ambulance. Treatment and transport can be refused.

Classes: A variety of classes are taught by members of the Tellico Village Volunteer Fire Department. See the website at [www.tellicovillagefiredepartment.com](http://www.tellicovillagefiredepartment.com) for enrollment information.

## Assisted Living

### **Lakewood Place & River Oaks Place**

Location: 1125 Grove Street, Loudon, TN 37774  
Phone: (865) 458-4123  
Website: [www.ssmgrp.com](http://www.ssmgrp.com)

### **Morning Pointe/The Lantern**

Location: Morning Pointe, 198 Morning Pointe Drive, Lenoir City, TN, 37772  
Phone: (865) 988-7373  
Location: The Lantern at Morning Pointe, 155 Morning Pointe Drive, Lenoir City, TN 37772  
Phone: (865) 271-9966  
Website: [www.morningpointe.com](http://www.morningpointe.com)

### **The Neighborhood at Tellico Village**

Location: 100 Chatuga Drive W., Loudon, TN 37774  
Phone: (865) 408-0211  
Website: [www.theneighborhoodoftellico.com](http://www.theneighborhoodoftellico.com)

## **Caregiving (Also see Support Groups)**

### **Senior Services at Blount Memorial Hospital**

Location: Morningview Village Senior Community  
1095 E. Lamar Alexander Pkwy, Maryville, TN 37804  
Phone: (865) 977-5744 : Senior Service Caregiver Helpline  
Website: [www.blountmemorial.org](http://www.blountmemorial.org)  
Cost: Free. A community outreach component of the hospital for any adult caring for another adult nationwide.  
Service: Caregiver Support Groups

## **Charities**

Computer Outreach – Technology Access Program (TAP) – volunteer organization that refurbishes used computers and related equipment. The refurbished systems are given to families and non-profit organizations that need them but do not have the resources to purchase them. TAP works with the school systems in local and adjoining counties to provide computers to the children needing them. If you have any equipment to donate, please contact TAP at (865) 332-5313 or email at: [TAP@TVCUC.ORG](mailto:TAP@TVCUC.ORG). The stores listed below accept donated items you no longer need. They return the money they make back into the community through donations to local organizations, by training and hiring local disabled workers, providing housing for qualified low income residents, and providing a hot meal and emergency shelter for those in crisis.

- Good Neighbors Shoppe, 420 Leeper Parkway, Lenoir City (865) 988-9925
- Good Samaritan Center, 119 North A Street, Lenoir City (865) 986-1777
- Good Shepherd Center, 5150 US-411, Madisonville (423) 420-8888
- Goodwill Industries, 758 Hwy 321 N, Lenoir City (865) 988-8507
- Habitat ReStore, 303 Simpson Rd. E, Lenoir City (865) 988-7427
- Habitat ReStore, 251 Warren St., Madisonville (423) 442-8886
- KARM Thrift Store, 731 Hwy. 321, Lenoir City (865) 521-0770
- Monroe County Friends of Animals Thrift Store  
3949 Hwy. 411 Madisonville (423) 420-3423

## Churches In and Near Tellico Village

Christ Our Savior Lutheran Church	(865) 458-9407	<a href="http://www.coslctn.org">www.coslctn.org</a>
Community Church at Tellico Village	(865) 458-1516	<a href="http://www.tellicochurch.com">www.tellicochurch.com</a>
First Baptist Church of Tellico Village	(865) 408-0110	<a href="http://www.fbctellicovillage.org">www.fbctellicovillage.org</a>
Shepherd of the Lake Lutheran Church	(865) 816-4756	<a href="http://www.shepherdofthelaketn.org">www.shepherdofthelaketn.org</a>
St. Joseph the Worker Catholic Church	(423) 442-7273	<a href="http://www.saintjosephtheworker.net">www.saintjosephtheworker.net</a>
St. Thomas the Apostle Catholic Church	(865) 986-9885	<a href="http://www.sthomaslc.com">www.sthomaslc.com</a>
The Episcopal Church of the Resurrection	(865) 986-2390	<a href="http://www.episcopalloudon.com">www.episcopalloudon.com</a>
Two Rivers Church	(865) 777-2121	<a href="http://www.tworiverschurch.org">www.tworiverschurch.org</a>
Vonore Baptist Church	(423) 884-6230	<a href="http://www.vonorebaptistchurch.org">www.vonorebaptistchurch.org</a>
Vonore United Methodist Church	(423) 884-6214	<a href="http://www.vonoreumc.holston.org">www.vonoreumc.holston.org</a>

## Computer Education/Support/Repair

### **Computer Repair Services**

Bill Markle (PCs, Macs)	(239) 565-2609	<a href="mailto:helpdeskbill@gmail.com">helpdeskbill@gmail.com</a>
Judy Duckman (PCs)	(865) 556-4714(voice/no text)	<a href="mailto:1stncomputer@gmail.com">1stncomputer@gmail.com</a>

### **Cut the Cord Tech Services**

Chris Skover	(865) 599-9251	<a href="mailto:clskover@gmail.com">clskover@gmail.com</a>
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### **Social Media 4 Seniors (Education)**

Contact:	Jennifer Dancu, M.Ed
Phone:	(865) 437-6556
Website:	<a href="http://www.socialmedia4seniors.net">www.socialmedia4seniors.net</a>
Email:	<a href="mailto:jdancu@socialmedia4seniors.net">jdancu@socialmedia4seniors.net</a>
Service:	She offers iPad/Tablet and smartphone training, Skype and FaceTime training, as well as training on all the popular social media apps. She will come to you! Make your own schedule and go at your own pace! She will do group classes for 3-5 people. Topics: iPad beginners and advanced, Android smartphone/Tablet beginners, how to use Facebook, Pinterest/Instagram/Twitter.

### **Tellico Village Computer Users Club (TVCUC)**

Location:	244 Lakeside Plaza, Loudon, TN 37774
Phone:	FLS: (865) 408-8223 or TAP: (865) 332-5313
Website:	<a href="http://www.tvcuc.org">www.tvcuc.org</a> or on <a href="http://www.tellicolife.org">www.tellicolife.org</a>
Cost:	\$20/year (household membership)
Services:	1) The TVCUC provides its members with a forum to enhance their practical understanding and ability to use personal computer systems and technology devices.

2) First Level Support (FLS) offers free technical support (for current TVCUC members) on all Windows or Mac technology devices. In addition to telephone and remote-control support, a team member may go to the member's house to assist, if both parties are comfortable doing so.

3) Technology Access Program (TAP) is a community outreach program of the TVCUC. TAP restores and gives away computer systems to underprivileged children and families in our surrounding community. If you are purchasing a new computer please consider donating your old one to TAP so it can be refurbished and repurposed.

## **Domestic Violence**

### ***Crisis Center for Women, IVAS (Immediate Vital Assistance Services)***

Crisis Line: (865) 988-7867

Toll free: (866) 239-0871

Website: [www.ccw-ivas.org](http://www.ccw-ivas.org)

Phone: Business office: (865) 816-3481

Service: Immediate vital services for women and women with dependent children who are victims of domestic violence; includes Safe Haven Lodge, safety planning, court advocacy, goal setting, counseling, budget planning, job search.

## **Do Not Call Lists**

***Federal Do Not Call List (888) 382-1222***

***Tennessee Do Not Call List (877) 872-7030***

Website: Federal (home, cell phones) – [www.donotcall.gov](http://www.donotcall.gov)

Tennessee (home, cell phones) – [www.tn.gov/tra/article/csd-online-do-not-call](http://www.tn.gov/tra/article/csd-online-do-not-call) registration-form#

Service: Contacting these agencies puts your phone number(s) on the federal and state do not call lists.

## **Dry Cleaning Pick-Up and Delivery**

### ***Prestige Dry Cleaners***

Location: They have 10 Cleaners locations and 4 Tuxedo locations in the surrounding area.

Day/Time: Free pickup and delivery in Tellico Village once a week

Phone: (865) 938-7701

## **Education**

### ***Tellico Village POA Parks & Recreation Departmental Health and Wellness Seminars***

Location: Chota Recreation

Phone: (865) 458-6779

Cost: No charge. Call Recreation Center to register

Service: Seminars on various health related topics.

### ***The Public Library at Tellico Village***

Location: 300 Irene Lane, Loudon, TN 37774  
Phone: (865) 458-5199 Website: [tvlibrary.org](http://tvlibrary.org)

## **Estate/Moving Sales**

### ***Black Arrow Sales***

Debbie Jones (865) 458-6407

### ***Home2Home***

Kay Wright (865) 809-2596 [kkwright@charter.net](mailto:kkwright@charter.net)

### ***Premiere Consignment***

Aaron Hunt (865) 458-9721 [aaron@premiereconsignment.com](mailto:aaron@premiereconsignment.com)

### ***What It Takes Services***

Colleen Fitch (865) 607-5356 [WhatItTakesServices@gmail.com](mailto:WhatItTakesServices@gmail.com)  
Kari Lackey (865) 770-1810

## **Funeral and Cremation**

### ***Biereley-Hale Funeral Home/Cremations***

Location: 4650 Hwy. 411, Madisonville, TN 37354  
Phone: (423) 442-4404  
Website: [www.biereleyhale.com](http://www.biereleyhale.com)

### ***Click Funeral Home & Cremations – Tellico Village Chapel***

Location: 145 Chota Center, Tellico Village, Loudon, TN 37774  
Phone: (865) 458-6767  
Website: [www.clickfuneralhome.com](http://www.clickfuneralhome.com)

### ***McGill Click Funerals and Cremations***

Location: 1366 Highway 72, Loudon, TN 37774 (865) 408-3001



## Groceries & Errands

### ***STAYinTV Groceries & Errands Program***

- Phone: (865) 458-7084
- Cost: *Main Village Residents* to Food Lion or Preferred Pharmacy - the only charge is the cost of your groceries/prescriptions. To Lenoir City - \$5.00 plus the cost of your groceries/prescriptions.  
*Kahite Residents* to Food City – the only charge is the cost of your groceries/prescriptions.
- Clients: Available to all Village residents who are unable to shop for themselves on a long or short term basis.
- Service: A volunteer will come to your home, pick up a grocery list and a blank check made out to the store. The shopper will fill in the amount at check-out. When the shopping is done, the groceries and receipt will be delivered to your home. They can also pick up prescriptions and do other small errands (like picking up stamps or small items at Sloans).

## Handyman Services/Home Maintenance

### ***Loudon County's Habitat for Humanity Critical Repair Aging in Place Program***

- Phone: (865) 458-0704 (press 2, ext. 1)
- Website: [loudoncountyhabitat.org](http://loudoncountyhabitat.org)
- Clients: Seniors
- Service: This program makes critical home repairs that enable senior citizens to move around safely in their homes and continue to maintain their independence.

### ***STAYinTV Home Maintenance Program***

- Location: Tellico Village
- Day/Time: By appointment
- Contact: Call phone number and leave a message. Your call will be returned within 24 hours.
- Phone: (865) 458-7084, option #1
- Cost: The client is responsible for the cost to purchase any required parts. There is a flat fee of \$5 if the volunteer needs to leave Tellico Village to purchase parts. There is no charge for service, but a form will be left with the client to provide feedback on the service call. The Feedback Form also provides an opportunity to make a donation to the STAYinTV organization to offset some of their administrative costs.
- Clients: This program provides minor maintenance, safety repairs, and modifications for those who are unable to do the work themselves.
- Service: Assistance is provided by an all-volunteer group of villagers who have a variety of maintenance skills to do minor jobs such as small electrical repairs, fix leaky faucet, repair/fix door locks, changing a light bulb or smoke alarm batteries in high ceilings, etc. They bring the willingness and knowledge to advise their clients on larger, more complex jobs.



# Hearing

## ***Appalachian Audiology***

Location: 130 Mabry Hood Road, Suite 103, Knoxville, TN 37922  
Phone: (865) 357-2334  
Website: [www.appalachianaudiology.com](http://www.appalachianaudiology.com)

## ***Choice Audiology***

Location: 938 Mulberry Street, Loudon, TN 37774  
Contact: Dr. Rebekah Tripp  
Phone: (865) 229-6230  
Website: [www.choiceaudiology.com](http://www.choiceaudiology.com)

## ***ClearCaptions***

Phone: (866) 246-7850  
Website: [www.clearcaptions.com](http://www.clearcaptions.com)  
Service: Free telephone if you have a hearing loss and have a home phone line and Internet. The phone displays the text of a conversation so the user can hear and read what the other party is saying.

## ***Costco Hearing Center***

Location: 10745 Kingston Pike, Farragut, TN 37934  
Phone: (865) 218-7721  
Website: [www.costco.com](http://www.costco.com)

# Home Health Care/Hospice

## ***Amedisys***

### ***Home Health Care***

Phone: (423) 744-8404

### ***Hospice Services***

Phone: (423) 351-0233  
Website: [www.amedisys.com](http://www.amedisys.com)

## ***Caris Healthcare***

Phone: (865) 988-8034  
Website: [www.carishealthcare.com](http://www.carishealthcare.com)

## ***CenterWell Home Health***

Phone: (865) 584-3133  
Website: [www.centerwellhomehealth.com](http://www.centerwellhomehealth.com)

## ***Covenant HomeCare, Hospice, and Palliative Care***

Phone: (865) 374-0600  
Website: [www.covenanthomecareandhospice.com](http://www.covenanthomecareandhospice.com)



## **NHC Home Care**

Phone: (423) 745-4246

Website: [www.NHCCare.com](http://www.NHCCare.com)

## **Tennova Hospice**

Phone: (865) 925-5500

Website: [www.lhcgroup.com](http://www.lhcgroup.com)

## **UT**

### **Home Health (LHC Group)**

Phone: (865) 544-6200

### **Hospice Services**

Phone: (865) 544-6222

Website: [www.lhcgroup.com](http://www.lhcgroup.com)

## **Hospitals and Medical Centers**

### **Blount Memorial Hospital**

907 E. Lamar Alexander Parkway Maryville, TN 37804

(865) 983-7211

### **Fort Loudoun Medical Center**

550 Fort Loudoun Medical Center Dr., Lenoir City, TN 37772

(865) 271-6000

### **Fort Sanders Regional Medical Center**

1901 W. Clinch Ave. S.W. Knoxville, TN 37916

(865) 541-1111

### **Methodist Medical Center of Oak Ridge**

990 Oak Ridge Turnpike Oak Ridge, TN 37830

(865) 835-1000

### **Parkwest Medical Center**

9352 Parkwest Blvd. Knoxville, TN 37923

(865) 373-1000

### **Provision Center for PROTON Therapy**

6450 Provision Cares Way Knoxville, TN 37909

(865) 862-1600

### **Sweetwater Hospital Association**

304 Wright Street, Sweetwater, TN 37874

(865) 213-8200

### **Tennova Turkey Creek Medical Center**

10820 Parkside Dr. Knoxville, TN 37934

(865) 218-7011

(865) 218-7090

### **Thompson Cancer Survival Center**

1915 White Avenue Knoxville, TN 37916

(865) 541-1678

### **University of Tennessee Medical Center**

1924 Alcoa Highway Knoxville, TN 37920

(865) 305-9000

Health Care Coordinator

(865) 305-6970



## Legal Services

### ***Elder Law of East Tennessee***

Location: 903 N. Hall of Fame Drive, Knoxville, TN  
P.O. Box 3804, Knoxville, TN 37927 (mailing)  
Phone: (865) 951-2410  
Website: [www.elderlawetn.com](http://www.elderlawetn.com)  
Service: Help older adults and their families find, get, and pay for quality care. Assist with Medicaid planning and accessing Veterans Benefits. Also Estate Planning, Asset Protection planning and Life Care planning.

### ***Guyton & Frère, Elder Law Attorneys***

Location: 1001 E. Broadway, Lenoir City, TN 37771  
Phone: (865) 694-0373  
Website: [www.gfelderlaw.com](http://www.gfelderlaw.com)  
Service: Certified Elder Law attorneys. Their practice deals solely with elder law including such services as Durable Powers of Attorney, trusts, estate planning and probate, long-term care planning, health care decisions, Medicare, Medicaid and other public benefits.

### ***Legal Assistance for the Elderly***

Phone: (865) 691-2551 (X 4212); 691-2551 (X 4223)  
Website: [www.ethra.org](http://www.ethra.org) Choose service from menu  
Cost: The Legal and Ombudsman Program services are free to clients; donations are gladly accepted.  
Clients: Available to clients over age 60  
Service: Provide direct legal representation in various elder law areas such as Medicare, Medicaid, financial exploitation, limited consumer and estate planning, etc. Available to consult with families concerning long-term care issues and to provide public education presentations on elder law matters. Cindy Troyer serves as the District Long-Term Care Ombudsman. As District Ombudsman, she investigates complaints by or on behalf of residents in long-term care settings.



## **Loren E. Plemmons, Attorney**

Location: 249 Village Square Drive, Tellico Village

Phone: (865) 408-0452

Email: [loren.plemmons@tellicotitle.com](mailto:loren.plemmons@tellicotitle.com)

Service: Estate planning/documents including the preparation of revocable trusts, amendments to trust, last will and testament, financial power of attorney, health care power of attorney, consultation and representation regarding conservatorships, probate of wills, and administering trusts. Loren is willing to meet clients at their home if they are not able to travel to her office.

## **Library Services**

### ***The Public Library at Tellico Village***

Location: 300 Irene Lane

Phone: (865) 458-5199

Website: [www.tvlibrary.org](http://www.tvlibrary.org)

#### **Home delivery:**

- For permanently homebound and temporarily disabled residents
- To residents of local nursing homes and assisted living facilities

#### **Vision Impaired Program: (Application required)**

- Services include home delivery
- Free books on CD and loaner equipment through the state program
- Large print materials and special loan periods

#### **Available to library card holders:**

- Free e-book and audio downloads
- Magazines, local newspapers and Wall Street Journal and Value Line Investment Service
- Rental of books on CD and DVD movies
- Fiction, nonfiction, large print and most best-sellers
- Large collection of educational DVD's (e.g. biography, health/medicine, history, science, travel, Great Courses)
- Public access computers
- Scanning to email available for free
- Lend easy-to-use telescopes for free
- Lend literacy backpacks for children for free

#### **Available to the public:**

- Disposal of used eyeglasses and inkjet cartridges
- Voter registration by mail forms
- Federal and state income tax forms (seasonal)
- STAYinTV information
- Free wireless access 24/7
- A wide variety of classes, lectures, and presentations on a regular basis

## **Meals**

Friendship Kitchen (865) 458-1516 (Community Church Office)

Meals on Wheels/Loudon County (865) 354- 0450

Meals on Wheels/Monroe County (423) 318-6935 or 6936



## Medical Equipment

### ***Archers Total Home Healthcare Service***

Location: 408 Sweetwater-Vonore Rd., Sweetwater, TN 37874  
Phone: (423) 337-5812: (800) 624-1834: Fax (423) 337-0453  
Services: All home medical needs, i.e. oxygen, equipment, hospital beds, orthotic braces and supports, hard-to-find healthcare needs, etc.

### ***Buckeye Home Medical Equipment***

Location: 689 Medical Park Drive, Suite 202, Lenoir City, TN 37772  
Phone: (865) 317-1511  
Day/Time: M-F 8am-5pm  
Website: [www.whybuckeye.com](http://www.whybuckeye.com)  
Cost: They accept most major insurances including Medicare, Medicaid, and commercial insurance.  
Service: They can help determine which products are best for your needs. Staff members include respiratory therapists, certified therapeutic shoe and orthotic fitters, and trained prosthesis fitters.



## **Community Church at Tellico Village**

Location: Community Church at Tellico Village

Phone: (865) 458-1516

Service: Medical equipment is available to TV residents at no charge on a loan basis. Medical equipment includes walkers (with and without wheels or seats), commode chairs, shower seats, transfer benches, crutches, wheel chairs, transport chairs, leg exercisers, pick up tongs, and tub safety rails. The equipment needs to be cleaned and returned to the church when it is no longer needed.

**Note:** If you have any equipment you don't need, give the church a call and see if they would like to add it to their inventory.

## **Lifeline**

Location: Philips Lifeline, Framingham, MA

Phone: (800) 543-3546

Service: Lifeline is the personal help service that summons assistance for a medical emergency at the push of a button. The device can be worn as a necklace or bracelet. No contract required.

## **Mobility Matters**

Phone: (865) 304-8989

Website: [www.mobilitymattersTN.com](http://www.mobilitymattersTN.com)

Email: [info@mobilitymatterstn.com](mailto:info@mobilitymatterstn.com)

Service: Mobility Matters repairs, rents and sells mobility equipment such as stair lifts, mobility scooters, power lift recliners (lift chairs), hospital beds, power wheelchairs, and vehicle lifts. Mobility products are delivered to your home through their white glove delivery service, which includes setup and instructions for use. They also provide in-home service for repairs on your existing equipment.

## **Project Lifesaver (PLS)**

Location: Loudon County Sheriff's Office, 12680 Hwy. 11 W., Suite 1, Lenoir City, TN 37771

Phone: (865) 988-2300 or (865) 986-4823

Website: [www.lcsotn.com](http://www.lcsotn.com)

Service: Project Lifesaver provides bracelets for *"anyone who qualifies under the umbrella of dementia"* such as Alzheimer's, Autism and any others at risk of wandering. The bracelet is a tracking device that is issued at no cost to the recipient through the Loudon County Sheriff's Office.

## **Medicare**

### **Citizens Insurance Solutions**

Contact: Heather Majka

Phone: (865) 332-0031

Website: [www.citizensinsurancesolutions.com](http://www.citizensinsurancesolutions.com)

Email: [heather@citins.com](mailto:heather@citins.com)

Service: Heather is a Tellico Village resident. Her primary goal is to help residents determine if their coverage is appropriate. She represents all Medicare, health and life insurance options. Heather is a certified Social Security Claiming Strategist and AAA Certified Medicare Insurance Planner.



## ***Senior Health Specialists***

Location: 600 Gladstone Road, Lenoir City, TN 37771

Contact: Doug Collins

Phone: (865) 671-0890

Website: [www.shspecialists.com](http://www.shspecialists.com)

Email: [dmcollins@shspecialists.com](mailto:dmcollins@shspecialists.com)

Service: They are an independent insurance agency helping retirees with their Medicare options and identifying strategies for long-term care planning.



## Moving Assistance

### ***Caring Senior Move***

Phone: (865) 219-3629

Website: [www.CaringSeniorMove.com](http://www.CaringSeniorMove.com)

Service: Provides assistance in sorting a lifetime of belongings in your current home to ensure a more organized, safer environment, or in preparation of a move to a smaller home, or to a retirement community. Will coordinate the entire move as well, along with providing packing, unpacking and settling-in services.

## Nextdoor Tellico Village

*Nextdoor.com* is a free social network that can be used to communicate with your Tellico Village neighbors. It can be used for sharing information such as safety notices; finding out about qualified/non qualified vendors for various services; advertising items for sale/wanted; notification about lost or found pets; posting events such as garage sales, village social functions, and new businesses in the area.

To sign up, go to [www.nextdoor.com](http://www.nextdoor.com). You will need to enter your address to verify that you live in the village. Follow the directions to set up an account. You can select the type and number of emails you receive. For further assistance, call one of the following:

Pat Ezell

Lynne Pecze

## Office on Aging

***Blount County Community Action Agency Office on Aging*** (865) 983-8411

***Knox County Office on Aging*** (865) 524-2786

### ***Loudon County Office on Aging***

Location: 901 Main St., Loudon, TN 37774

Day/Time: 8:30 a.m. – 4 p.m.

Phone: (865) 458-5445

Website: [www.loudoncountyseniorcenter.com](http://www.loudoncountyseniorcenter.com)

Cost: Donations

Clients: All Loudon County seniors 60+

Service: See entries under Social Activities, Housekeeping, Tax Preparation, and Transportation headings

**Note:** Other services include:

SNAP applications

Assistance with Medicare, Part D, Medicaid, Supplement and Advantage plans

Transportation services

Legal aid



## ***Monroe County Office on Aging***

Location: 144 College St. South, Madisonville, TN 37354

Phone: (423) 442-2022

Website: [www.monroetwp.com](http://www.monroetwp.com)

Service: The Monroe County Office on Aging provides information and assistance for adults 60+ and those who care for them. By contacting your local agency, you get access to critical information including: available services in the Monroe County area; mobility assistance programs; meal plans and housing; assistance in gaining access to services; individual counseling, support groups and caregiver training; information on respite care; supplemental services on a limited basis.

## **Personal Care**

### ***Care Around the Block (CAB)***

Phone: (865) 444-6787

Website: [www.carearoundtheblock.com](http://www.carearoundtheblock.com)

### ***Home Instead Senior Care***

Phone: (865) 273-2178

Website: [www.homeinstead.com](http://www.homeinstead.com)

### ***Mae's Senior Home Care LLC***

Phone: (865) 221-8300

Website: [maesseniorhc.com](http://maesseniorhc.com)

### ***Right at Home East TN Foothills***

Phone: (865) 351-4437

Website: [www.RAHEastTN.com](http://www.RAHEastTN.com)

### ***Senior Citizens Home Assistance Services (SCHAS)***

Phone: (865) 986-8000

Website: [www.schas.org](http://www.schas.org)

### ***Senior Helpers***

Phone: (865) 293-5900

Website: [www.seniorhelpers.com](http://www.seniorhelpers.com)

### ***Seniors Helping Seniors***

Phone: (865) 806-8743

Contact: Ray Bales

Website: [www.seniorshelpingseniors.com](http://www.seniorshelpingseniors.com)



## **Pet Grooming (Mobile)**

Canine Pet Cruiser

Elite Mobile Pet Grooming

Master Cuts Mobile Pet Grooming

Cathy Manning

Dian Burch

Zach Watkins

(423) 315-4207

(865) 567-1620

(865) 680-3015 text only

## **Pets- End of Life Care**

### ***Lap of Love***

Phone: (865) 309-5665

Website: [www.lapoflove.com](http://www.lapoflove.com)

Cost: Call or check website for pricing.

Service: They offer end-of-life care for pets. This includes veterinary in-home euthanasia and hospice services.

## **Pharmacy/Delivery**

\*See STAYinTV Groceries & Errands Program under the Groceries & Errands heading for contact information. Volunteers for this program may also be able to pick up and deliver prescriptions. The volunteer would need a note giving permission to do so.

### ***Costco Pharmacy***

Location: 10745 Kingston Pike, Farragut, TN 37934

Phone: (865) 218-7700 + press 4 for Pharmacy

Website: [www.costco.com](http://www.costco.com)

### ***Preferred Pharmacy***

Location: 101 Cheeayo Way, Ste A&B, Loudon, TN 37774

Phone: (865) 458-1113

Website: <https://www.preferredpharmacyloudon.com>

Cost: Free delivery of prescriptions, boutique and over the counter items available to all Village residents.

Service: They offer medication consultations, bubble packaging to help keep track of what to take and when, and immunizations. You would need to call by 2 p.m.

### ***Rocky Top Pharmacy of Loudon***

Location: 702 Grove Street, Loudon, TN

Phone: (865) 657-3500

Cost: Free delivery-they will allow STAYinTV volunteers to pick up prescriptions.

Service: They are a compounding pharmacy.



### ***Rx-Perts Pharmacy***

Location: 2350 Highway 72 North, Loudon, TN 37774  
Phone: (865) 458-1102  
Cost: Free delivery  
Services: They are a compounding pharmacy

### ***Vonore Drug Family Wellness Center***

Location: 1121 Hwy. 411, Vonore, TN 37885  
Phone: (423) 884-6274  
Website: [www.vonoredrugs.com](http://www.vonoredrugs.com)  
Cost: Free delivery to town of Vonore, and Kahite

## **Primary Care (in home)**

### ***In Good Health***

Phone: (423) 867-4969  
Contact: Rebecca Henderson  
Email: [rhend9827@gmail.com](mailto:rhend9827@gmail.com)  
Service: Rebecca is a geriatric Nurse Practitioner who sees patients in their home. She has access to a mobile lab and an ex-ray company that will also make house calls.



## **Senior Care Partners of East Tennessee**

Location: 155 Grand Vista, Vonore, TN 37885, also in Maryville and Knoxville

Phone: (865) 980-5200 (This number is used for all locations)

Website: seniorcarepartnerstn.com

Clients: They specialize in geriatric care for ambulatory seniors (55+) and provide primary care (including lab work) by appointment in one of their clinics, in some independent and assisted living communities or in-home. Their geriatric specialties include falls, dementia, incontinence, ostomy, foot and wound care.

## **Resources**

### ***STAYinTV Planning for Lifestyle Changes – A Roadmap***

The document, *Planning for Lifestyle Changes - A Roadmap*, has been developed by and for Tellico Village residents to enable them to collect, create, organize, and use financial, health, legal, and other personal information and decisions. The collection of information will be valuable for their own use or the use by another person acting on their behalf in the event of a change in life circumstances. The Roadmap is available on the website at [www.stayintv.org](http://www.stayintv.org) for personal adaptation and use.

## **Respite and Adult Day Services**

### ***CADES – Concord Adult Day Enrichment Services***

Location: 11020 Roane Drive, Knoxville (Farragut)

Day/Time: M–F, 8:30 a.m. – 4:30 p.m.

Phone: (865) 675-2835

Website: [ConcordUnited.org/CADES](http://ConcordUnited.org/CADES)

Email: [CADES@ConcordUnited.org](mailto:CADES@ConcordUnited.org)

Cost: Please call for info.

Clients: Enrollment is open to the community-at-large regardless of religious affiliation, race or gender.

Service: A daytime program of services/activities to stimulate social, physical, and cognitive functioning in a caring and structured environment for adults whose needs prevent them from staying home alone. They aim to maintain or improve each individual's current level of functioning for as long as possible as well as enabling the caregiver to be more effective in caring for their loved ones by providing support, respite, and education.

### ***Our Place Adult Day Services***

Location: 103 Cheezy Way, Loudon, TN 37774

Day/Time: Monday-Friday, 8:30am-4:30pm

Phone: (865) 657-7222

Website: [ourplacetn.org](http://ourplacetn.org)

Cost: Call for information

Clients: Serves residents of Loudon & Monroe Counties as well as surrounding communities who have been diagnosed with mild to moderate Alzheimer's or other forms of dementia. Each day participants will be offered a different program of activities suited to their abilities. These activities are designed to promote socialization and stimulation and may include music, exercise, crafts, games, pet therapy, reminiscence therapy, and more.

### ***STAYinTV Respite Care for Caregivers Program***

Phone: (865) 458-7084 #4  
Cost: \$20 Registration Fee  
Client: A caregiver who needs a break from giving care 24/7  
Service: Up to 4 hours, about 4x a month, 4 the caregiver, 4 free. The volunteer will stay in your home allowing the caregiver to have a break.

### ***The Neighborhood at Tellico Village***

Location: 100 Chatuga Drive W., Loudon, TN 37774  
Day/Time: Respite day care available M–F  
Phone: (865) 408-0211  
Website: [www.theneighborhoodoftellico.com](http://www.theneighborhoodoftellico.com)

## Safety

### **C.O.P. Program (Citizens Observer Patrol)**

Location: Tellico Village  
Phone: (256) 541-3906  
Cost: No charge  
Clients: Loudon County Tellico Village Residents  
Service: The C.O.P. Program is a cooperative effort between volunteers concerned about the welfare and well being of citizens and their community and the Loudon County Sheriff's Office, working together to improve the quality of life in the community. The purpose of the C.O.P. Program is to reduce the opportunity of citizens in the community falling victim to crime. The program provides, but not necessarily limited to: Crime Prevention, Property Checks, Referral to Needed Resources, Home Security Surveys and more. If you are away from your home for an extended period of time, you may request "House Checks" by filling out a "House Check Request Form" that is available at the Tellico Village Welcome Center and returning it in the House Box located there as well.

## Skilled Care/Rehab/Nursing Home

### **NHC Place Farragut**

Location: 122 Cavette Hill Lane, Farragut, TN 37934  
Phone: (865) 777-9000  
Website: [www.nhccare.com](http://www.nhccare.com)

### **Wood Village**

Location: 520 Old Hwy. 68, Sweetwater, TN 37874  
Phone: (423) 351-1050  
Website: [www.woodvillagetn.com](http://www.woodvillagetn.com)

## Social Activities

### **Baby Boomers Singles Group**

Website: [www.tvsinglebabyboomers.com](http://www.tvsinglebabyboomers.com)  
Email: [tvbabyboomers@gmail.com](mailto:tvbabyboomers@gmail.com)  
Clients: Singles born between 1946 and 1964  
Service: For information on meetings and activities, please check the website

### **Loudon County Senior Center – Activities**

Location: 901 Main St., Loudon, TN 37774  
Day/Time: 8:30 a.m. – 4 p.m.



Phone: (865) 458-5445  
Website: [www.loudoncountyseniorcenter.com](http://www.loudoncountyseniorcenter.com)  
Cost: Varies with activities, (trips, lunches, some exercise and some classes have cost)  
Clients: All Loudon County seniors 60+  
Service: Day trips, exercise classes, cards and games, billiards, educational programs/classes

***Monroe County Senior Citizens and Friends, Inc. - Cora Veal Senior Center***

Location: 144 College St. South – Madisonville, TN 37354  
Phone: (423) 442-2022  
Website: [www.monroetwp.com](http://www.monroetwp.com)  
Service: The Senior Center provides recreational activities, exercise, health programs, rentals, community events, trips, and outside programs such as Weight Watchers.. Nutritional lunches are served weekdays to promote the physical, mental, nutritional, and social health of seniors 60+.

***Solos***

Location: Regular meetings at Tellico Village Yacht Club  
Day/Time: Monthly meeting, 3rd Wednesday-Except December, gathering at 5:00 p.m. meeting at 5:30 p.m. followed by dinner  
Weekly social, Tuesday (5 p.m.) Drinks (6 p.m.) Dinner  
Website: [www.tvsolos.com](http://www.tvsolos.com)  
Email: [tvsoloclub@gmail.com](mailto:tvsoloclub@gmail.com)  
Clients: Any person who is legally single and living a single lifestyle is eligible.  
Service: Their objective is to promote a spirit of friendship and helpfulness and to provide opportunities for social interaction among the members through an array of events.



## Stephen Ministry

Location: Several Tellico Village churches as well as the surrounding area  
Day/Time: Available anytime needed  
Contact: Central Methodist Church Office (865) 986-7329  
Community Church at Tellico Village Office (865) 458-1516  
Christ Our Savior Lutheran Church Office (865) 458-9407  
St. Thomas the Apostle Catholic Church Office (865) 986-9885  
Two Rivers Church Office (865) 771-2121  
Service: Trained lay people who will provide confidential, one-to-one Christian care at no charge to individuals in their congregation and community who are experiencing difficulties in their lives. They will listen, care, pray, support, and encourage those individuals.

## Support Services

### Checking on our Neighbors

#### **STAYinTV Care Calls Program**

The Care Calls volunteers reach out to Tellico Village residents who live alone and might appreciate getting a call on a regular basis to be sure they are okay.

Phone: (865) 458-7084. Select option #5 and leave a message that you are interested in the Care Calls Program either as a caller or a recipient of calls.

Someone will return your call and explain the program.

Cost: No charge

Service: The time, method (call, text, email) and frequency of contact will be worked out between the caller and recipient of the calls.

## Support Groups

#### ***Alcoholics Anonymous***

Location: Community Church at Tellico Village, 130 Chota Center  
Day/Time: Monday, 7 p.m. in lower level of Christian Life Center (CLC)  
Contact: Community Church at Tellico Village  
Phone: (865) 458-1516

For more information on meeting schedule in other locations, go to [www.etiaa.org](http://www.etiaa.org)



**Cancer: *East Tennessee Proton Guys***

Location: Concord United Methodist Church, 11020 Roane Drive,  
Knoxville, TN 37943 (very near Costco and Turkey Creek).

Day/Time: They meet every Wednesday at the Provision Center for Proton Therapy on Dowell  
Springs Road in Knoxville at 11:30 for lunch and fellowship with physicians, patients  
being treated and survivors who have beaten cancer.

Contact: Peter Krawslawsky (865) 964-5558  
Vince Sica (865) 253-1756

Website: [www.etnprotonguys.com](http://www.etnprotonguys.com)

Clients: An opportunity for men and women diagnosed with cancer to have direct contact with  
hundreds of individuals who have been treated with Proton Therapy.

**Caregiver's Support Group (Includes Alzheimer's Caregivers)**

Cost: No charge

Service: Support Group for people serving as caregivers. Meetings will include sharing of challenges,  
ways of coping, and available resources. If sitter is needed, call the leader.

Location: Community Church at Tellico Village, 130 Chota Center

Day/Time: 2nd & 4th Tuesday of the month, 1:00 p.m. – 2:30 p.m. Room 2A of lower level of  
Christian Life Center (CLC)

Contact: Lynne MacConnell (865) 657-9988 [lynneandlen443@gmail.com](mailto:lynneandlen443@gmail.com)



## ***GriefShare***

Location: The venue changes. Call one of the contacts for the schedule and location.  
Day/Time: To be determined  
Contact: Community Church at Tellico Village (865) 458-1516  
Christ Our Savior Lutheran Church (865) 458-9407  
Cost: \$20 for workbook and supplies  
Clients: Open to anyone who has lost a loved one to death.  
Service: GriefShare is a biblically based grief recovery support system. It has a three pronged approach to the grieving process:

- A DVD on what to expect while grieving and what to do to heal,
- A discussion/sharing time, and
- A workbook with daily exercise.

There are 13 sessions (about 2 hours in length) that meet weekly.

## ***Men's Caregivers Support Group***

Location: Christ Our Savior Lutheran Church, 260 Wade Road, Loudon, TN 37774  
Day/Time: 3<sup>rd</sup> Wednesday of each month, 1 p.m. - 3 p.m.  
Phone: (865) 657-7222 (Our Place)  
Cost: No charge  
Clients: Caregivers and care partners of adults who have been diagnosed with mild to moderate Alzheimer's/dementia or other dementia-related diseases.  
Service: Support through respite, education and resources that are tailored to men who are caring for their spouses.

## ***Multiple Sclerosis***

Note: This is not a support group, but if you need assistance regarding MS please contact:  
Contact: Vicky St. John (513) 477-0453  
[stjohnvicky@gmail.com](mailto:stjohnvicky@gmail.com)

## ***Our Place Caregivers Support Group***

Location: The Public Library at Tellico Village, 300 Irene Lane, Loudon, TN 37774  
Day/Time: 2<sup>nd</sup> Friday of each month, 9 a.m. – 11 a.m.  
Phone: (865) 657-7222 (Our Place)  
Cost: No charge  
Clients: Caregivers and care partners of adults who have been diagnosed with mild to moderate Alzheimer's/dementia or other dementia-related diseases.  
Service: Support for caregivers and care partners through respite, education and resources.

## ***Parkinson's***

Location: Community Church at Tellico Village, 130 Chota Center  
Contact: Community Church Office (865) 458-1516  
Day & Time: 1st Thursday of the month, 1:00 p.m., lower level of Christian Life Center  
Service: Support group for people with Parkinson's; spouses and caregivers are encouraged to attend.



## ***Reflex Sympathetic Dystrophy***

Contact: Suzy Holcomb  
Phone: (865) 657-9052  
Email: [AuntSuzyMouse@hotmail.com](mailto:AuntSuzyMouse@hotmail.com)  
Cost: No charge  
Service: Come join this educational discussion that offers a wealth of information to share with your doctor. This is a positive-based support group designed to chase those blues away. Feel free to invite family and friends to this meeting so they may understand how RSD/CRPS afflicts the human body and mind. Call Suzy for further information.

## ***Tellico Lake Diabetes Support Group***

Location: Chota Recreation Center, 145 Awohili Drive, Loudon, TN 37774  
Date & Time 3<sup>rd</sup> Wednesday of each month at 11:00 a.m.  
Contact: Laney Allbee  
Phone: (909)-239-1577  
Email: [callbee1@verizon.net](mailto:callbee1@verizon.net)  
Clients: Type 1 and 2 diabetics, ore diabetics and family members  
Services: Monthly meetings offer support and enhance self care

## **Tax Preparation**

### ***Loudon County Senior Center***

AARP volunteers offer free assistance to seniors who need help preparing their taxes. Contact the Senior Center at (865) 458-5445 for more information.

### ***Volunteer Income Tax Assistance (VITA)***

Location:: Lenoir City Hall, 530 Highway 321 N., Lenoir City, TN 37771  
Day/Time: Saturday and Monday 8 a.m. - noon during tax season through April 15, no appointment necessary  
Phone: (865) 660-6858  
Client: Generally anyone making under \$64,000, those with disabilities, seniors or limited English speaking taxpayers  
Service: Prepare and file tax returns electronically. For a list of what documents VITA can prepare and a list of required documents go to: [www.irs.gov/pub/irs-pdf/p3676bsp.pdf](http://www.irs.gov/pub/irs-pdf/p3676bsp.pdf)

## **Therapy**

### **BenchMark Physical Therapy**

Location 226 Village Square Dr., Loudon, TN 37774  
Phone: (865) 657-6415  
Website: [www.BenchMarkPT.com](http://www.BenchMarkPT.com)



## Select Physical Therapy

Location: 101 Cherokee Place, Suite 107, Loudon, TN 37774

Phone: (865) 408-9344

Website: [www.selectphysicaltherapy.com](http://www.selectphysicaltherapy.com)

## Summit Medical Group Physical Therapy

Location: 202 Dohi Drive, Loudon, TN 37774

Phone: (865) 470-2696

Website: <https://www.summitmedical.com/locations/summit-physical-therapy-tellico>

## Transportation

### **ETHRA**

Day/Time: Available M–F, 7 a.m. – 5 p.m.

Phone: (800) 232-1565

Website: [www.ethra.org](http://www.ethra.org)

Cost: \$3 one way in the county \$3 for each county line crossed  
\$1 for extra stops up to 15 minutes \$1.50 each way for children under age 6  
One escort may ride free of charge.

Service: Available for appointments, trips to the airport, and group trips

### **Loudon County Office on Aging/Senior Center – Transportation Program**

Location: 901 Main Street, Loudon, TN 37774

Day/Time: 8:30 a.m. – 4 p.m.

Phone: (865) 458-5445

Cost: \$2.00 local visits; \$3.00 Knoxville visits

Clients: Loudon County residents

Service: Transportation to doctor appointments, grocery shopping, social service agencies, and activities at the Senior Center. Call Center for schedule.

Monday and Tuesday: MD appointments

Wednesday: Shopping at Walmart, Lenoir City

Thursday: Meal service at Senior Center

Friday: Scheduled Senior Center day trips



## **STAYinTV Rides Program**

Rides provided for Tellico Village residents who are unable to drive or are uncomfortable driving to their destination.

- Phone: (865) 458-7084 – Select option #2 and leave a message.
- Costs: Clients must pre-register (\$10 fee) and pay in advance for rides. Individual ride charges are based on distance to destination. (Fees charged to cover insurance premiums and other program costs.)
- Service: Program Description: Volunteers drive their own cars and provide rides for Village residents to any destination in the Knoxville area. Clients must be unable to drive (may be a temporary condition) but must be able to walk independently (may use a cane or walker). Rides should be requested a week or more in advance of the need.

## **TLC Transportation (Tellico Luxury Coaches)**

- Location: Tellico Village
- Day/Time: By appointment (24/7 for fellow Villagers)
- Contact: D.D. (Trips) Dawson
- Phone: (865) 934-8521
- Website: [www.tennesseeluxurycoaches.com](http://www.tennesseeluxurycoaches.com)
- Cost: Varies depending on destination, number of people, length of time and type of vehicle needed. They have a membership program, EZPASS Club, that offers a discount to the member and a companion. TLC specializes in creating memorable excursions that explore the best East TN has to offer (Pub Crawls, Wine Tours, UT Sporting Events, Dinner & Theater adventures, etc.). Contact them for pricing and EZPASS Club membership information.
- Clients: Individuals, couples/families, clubs, or groups (up to 88 passengers)
- Service: TLC Transportation is a ground transportation service for Villagers chauffeured by Villagers. They provide luxury automobile, van and bus service to the greater Knoxville and Chattanooga areas and all destinations in-between.

## **Transportation/Emergency**

### **AirMedCare Network**

- Contact: Daniel Willis  
Membership Sales Manager
- Phone: (865) 343-1329
- Email: [Daniel.willis@airmedcarenetwork.com](mailto:Daniel.willis@airmedcarenetwork.com)
- Service: Their alliance of affiliated air ambulance helicopters and airplanes provides medical transport, dramatically reducing travel time to an emergency treatment facility. No out of pocket expenses in connection with your flight when flown by AMCN providers. There are over 320 locations throughout 38 states. Highly skilled nurses, paramedics and pilots are ready 24 hours a day.



# Veterans' Benefits

## ***Loudon County Veterans Service Office***

Location: 100 W. Broadway, Suite 141, Lenoir City, TN 37771 (Roane State Bldg.)

Phone: (865) 816-3987

Service: A free service to assist Veterans and eligible family members.



## ***Monroe County Veteran's Service Office***

Location: 403 Tellico Street, Madisonville, TN 37354

Phone: (423) 442-5812

Website: [www.monroetn.com/monroe-county-veterans-services-office-3/](http://www.monroetn.com/monroe-county-veterans-services-office-3/)

Service: A free service to assist Veterans and eligible family members in identifying and applying for all benefits for which they qualify.

## **Vision**

### ***Costco Vision Services***

Location: 10745 Kingston Pike, Farragut, TN 37934

Contact: (865) 218-7714

Website: [www.costco.com](http://www.costco.com)

Clients: Lenses and frames available to Costco members only

## **Wound Care**

### ***Limb Preservation Center of East Tennessee***

Location: 460 Medical Park Drive, Ste 108B, Lenoir City, TN 37772

Phone: (865) 770-5426

Website: [LPCETN.com](http://LPCETN.com)

Clients: Adults and children

Service: They offer comprehensive evaluation and treatment for a variety of chronic wounds. From non-healing surgical wounds to diabetic ulcers, their primary objective is to heal patients through a tailored treatment plan specific to their needs. Treatments, including hyperbaric oxygen therapy and wound debridement, help patients achieve optimal healing time and results. They prioritize the patient's quality of life throughout the recovery process, providing support beyond clinic visits. They collaborate with local vascular surgeons, podiatrists, and primary care physicians to ensure they are treating each patient as a whole.



# STAYinTV RESOURCE GUIDE

**Index**  
(7/2024)

## **A**

AirMedCare Network  
Alcoholics Anonymous  
Amedisys Home Health Care  
Amedisys Hospice Services  
Appalachian Audiology  
Archer's Total Home Healthcare

## **B**

Baby Boomers Singles Group  
BenchMark Physical Therapy  
Biereley-Hale Funeral Home/Cremations  
Bill Markle  
Black Arrow Sales  
Blount County Community Action Agency Office on Aging  
Blount Memorial Hospital  
Buckeye Home Medical Equipment

## **C**

C.O.P.  
CADES – Concord Adult Day Enrichment Services  
Canine Pet Cruiser  
Care Around the Block (CAB)  
Caregiver's Support Group (Includes Alzheimer's caregivers)  
Caring Senior Move  
Caris Healthcare  
Centerwell Home Health  
Choice Audiology  
Chris Skover  
Christ Our Savior Lutheran Church  
Citizens Insurance Solutions  
ClearCaptions  
Click Funeral Home & Cremations, Tellico Village Chapel  
Community Church at Tellico Village (medical equipment)  
Costco Hearing Center  
Costco Pharmacy  
Costco Vision Services  
Covenant HomeCare and Hospice and Palliative Care  
Crisis Center for Women, IVAS

## **D**

Do Not Call Lists – Federal, State

## **E**

East Tennessee Proton Guys  
Elder Law of East Tennessee  
Elite Mobile Pet Grooming



## ETHRA

## F

First Baptist Church of Tellico Village  
Fort Loudoun Medical Center  
Fort Sanders Regional Medical Center  
Friendship Kitchen

## G

Good Neighbors Shoppe  
Good Samaritan Center  
Good Shepherd Center  
Goodwill Industries  
GriefShare  
Guyton & Frère, Elder Law Attorneys

## H

Habitat ReStore    Lenoir City  
Habitat ReStore    Madisonville  
Home Instead Senior Care  
Home2Home

## I

In Good Health

## J

Judy Duckman

## K

KARM Thrift Store  
Knox County Office on Aging

## L

Lakewood Place & River Oaks Place  
Lap of Love  
Legal Assistance for the Elderly  
Lifeline  
Limb Preservation Center of East Tennessee  
Loren E. Plemmons Attorney  
Loudon County Office on Aging  
Loudon County Office on Aging/Senior Center – Transportation Program  
Loudon County Senior Center – Activities  
Loudon County Senior Center – Tax Preparation  
Loudon County Veterans Service Office  
Loudon County's Habitat for Humanity Critical Repairs Aging in Place Program

## M

Mae's Senior Home Care  
Master Cuts Mobile Pet Grooming  
McGill Click Funerals and Cremations  
Meals on Wheels/Loudon County



Meals on Wheels/Monroe County  
Men's Caregivers Support Group  
Methodist Medical Center of Oak Ridge  
Mobility Matters  
Monroe County Friends of Animals Thrift Store  
Monroe County Office on Aging  
Monroe County Senior Citizens and Friends, Inc. - Cora Veal Senior Center  
Monroe County Veteran's Service Office  
Morning Pointe/The Lantern  
Multiple Sclerosis

## **N**

Nextdoor Tellico Village  
NHC Home Care  
NHC Place Farragut

## **O**

Our Place Adult Day Services  
Our Place Caregivers Support Group

## **P**

Parkinson's  
Parkwest Medical Center  
Preferred Pharmacy  
Premiere Consignment  
Prestige Dry Cleaners  
Project Lifesaver  
Provision Center for PROTON Therapy

## **R**

Reflex Sympathetic Dystrophy  
Right At Home East TN Foothills  
Rocky Top Pharmacy of Loudon  
Rx-Perts Pharmacy

## **S**

Select Physical Therapy  
Senior Care Partners of East Tennessee  
Senior Citizens Home Assistance Service (SCHAS)  
Senior Health Specialists  
Senior Helpers  
Senior Services at Blount Memorial Hospital  
Seniors Helping Seniors  
Shepherd of the Lake Lutheran Church  
Social Media 4 Seniors  
Solos  
St. Joseph the Worker Catholic Church  
St. Thomas the Apostle Catholic Church  
STAYinTV Care Calls Program  
STAYinTV Groceries & Errands Program  
STAYinTV Home Maintenance Program



STAYinTV Planning for Lifestyle Changes – A Roadmap  
STAYinTV Respite Care for Caregivers Program  
STAYinTV Rides Program  
Stephen Ministry  
Summit Medical Group Physical Therapy  
Sweetwater Hospital Association

## **T**

Tellico Lake Diabetes Support Group  
Tellico Village Computer Users Club  
Tellico Village POA Parks & Recreation Department Health and Wellness Seminars  
Tennova Hospice  
Tennova Turkey Creek Medical Center  
The Episcopal Church of the Resurrection  
The Neighborhood at Tellico Village  
The Public Library at Tellico Village  
Thompson Cancer Survival Center  
TLC Transportation (Tellico Luxury Coaches)  
Two Rivers Church

## **U**

University of Tennessee Medical Center  
UT Home Health  
UT Hospice Services

## **V**

Volunteer Income Tax Assistance (VITA)  
Vonore Baptist Church  
Vonore Drug Family Wellness Center  
Vonore United Methodist Church

## **W**

What It Takes Services  
Wood Village

